

# PARTNERING TO ADVANCE HEALTHCARE



CHARLOTTESVILLE  
MEDICAL RESEARCH

# PARTNERING TO ADVANCE HEALTHCARE: From Our Medical Director



Charlottesville Medical Research (CMR) has successfully completed over 400 Clinical Trials since 1991. During this time, I have served this community as an Internal Medicine physician, while also engaging in medical research as a Clinical Investigator.

My desire to ensure that all patients receive the most effective therapies, with the fewest risks, ignited my interest in research.


Throughout the years, I have had the privilege to witness my clinical research endeavors at CMR facilitate FDA approval and marketplace availability of improved treatment options.

In January 2016, I assumed the role of owner and Medical Director of Charlottesville Medical Research. I feel my passion for advancing medicine and caring for patients will yield a greater impact as I focus my energy towards promoting therapeutic advances that are obtained through clinical research.

We look forward to working with you as our partner in advancing healthcare.

Thank you,

Dr. James Clark  
Owner, Medical Director  
Charlottesville Medical Research

A group of approximately ten people, including men and women in professional attire, are standing on the steps of a two-story brick building. The building has a prominent white portico with columns and a balcony above the entrance. The scene is outdoors with some greenery in the foreground.

*Charlottesville Medical Research offices, located in the heart of the Blue Ridge Mountains, near the University of Virginia in Charlottesville. Our community has partnered with us to complete over 400 clinical trials since 1991.*



## SPONSOR & CRO PARTNERS INCLUDE

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Cara	Forest Laboratories	Lilly	Prometheus Labs	Synthon	

## INDICATIONS STUDIED

In the 20+ years since CMR has been conducting research, it has completed over 400 clinical trials. Indications include:

### Cardiology

Atrial Fibrillation  
Cholesterol  
Hypertension  
Myocardial Infarction

### Communicable Diseases

Influenza  
Pneumonia  
Strept Pharyngitis

### Cosmetic

Abdominal Fat  
Botox  
Cellulite  
Facial Wrinkles  
Chin Fat

### Dermatology

Acne Vulgaris  
Basal Cell CA  
Psoriasis  
Psoriasis, Plaque

### Endocrinology

Diabetes

### Gastroenterology

Abdominal Discomfort and Bloating  
Anal Fissure  
Aspirin & Gastric  
Celiac Disease  
Colon CA  
Colon Prep  
Colorectal CA  
Screening  
Constipation and Abdominal Bloating  
Constipation, Chronic  
Crohn's  
Diabetic Gastroparesis  
ERCP Pancreatitis  
Functional Dyspepsia  
Gas  
Gas and Heartburn  
Gas Bubbles in EGD  
Gastroparesis  
GERD  
GI Bleed  
H Pylori  
Heartburn  
Hepatitis C

### (cont)

Hepatotoxicity  
IBS  
IBS-Alternating  
IBS-Constipation  
IBS-Diarrhea  
Sedation in Colons  
Sedation in EGDs  
Ulcer, Duodenal  
Ulcer, Gastric  
Ulcer, Peptic-HP+  
Ulcerative Colitis

### Healthy Volunteer

### Neurology

Alzheimer's  
Epilepsy  
Migraine  
Multiple Sclerosis  
Restless Leg Syndrome

### Osteoarthritis

OA Knee and Hip  
OA of Hand

### Otolaryngology

Otitis Media  
Seasonal Allergic Rhinitis  
Sinusitis

### Pain

Low Back Pain  
Osteoarthritis Pain

### Psychiatry

Anxiety  
Binge Eating Disorder  
Bipolar Disorder  
Depression  
Panic  
Social Phobia

### Pulmonology

Asthma  
COPD

### Rheumatology

Fibromyalgia  
Fibromyalgia w/ Depression  
Gout  
Psoriatic Arthritis  
Rheumatoid Arthritis

### Sleep

Insomnia

### Urology

Overactive Bladder  
Stress Incontinence  
Urinary Tract Infection

### Vaccine

Ebola  
Influenza  
Meningitis  
Meningococcal  
Rotavirus  
Zoster

### Weight Loss

Obesity

### Womens Studies

Hot Flash  
Menstrual Cramps  
Osteoporosis  
PMDD  
Menopause



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## About Charlottesville Medical Research

Charlottesville Medical Research Center, LLC (CMR) is a network of physicians in private practice who sincerely desire to make a difference in the local community through clinical research. CMR's mission is to both advance world health and ensure the protection and safety of all patients who choose to enter clinical research studies. Since 1991, CMR has conducted more than 400 clinical research studies in central Virginia and has earned the confidence and trust of its patients by ensuring quality research while extending a depth of caring to each volunteer. CMR wants each participant to know that they matter. The research center is staffed with four full-time clinical research coordinators, as well as a full-time subject recruiter, and conducts phase II through phase IV research studies in various therapeutic indications. For more information about CMR visit [cvillemedresearch.com](http://cvillemedresearch.com).

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